

Introduction

Assistance for Life Care Management Services is an Aging Life Care management company based in Wilmington, North Carolina. We provide services for older adults and persons with disabilities in Wilmington and the surrounding areas.

What is Aging Life Care Management?

Care Management includes personal consultation and advocacy for individuals and their families as they navigate the transitions and decisions inherent to aging. Assistance for Life care managers complete comprehensive assessments encompassing the following areas:

- Health Status & History
- Financial Status & Planning
- Living Situation
- Support Network

- Local Resources
- Advocacy
- Legal Documentation
- Crisis Prevention & Management

Upon completion of the assessment Assistance for Life provides a written account of all findings as well as a Plan of Care which includes recommendations and information on relevant local resources. Our on-going care management services are available as a means to ensure consistent communication with our clients, their families, physicians and other professionals along the continuum of care.

Navigating through the later stages of life is often confusing for individuals and their loved ones, especially if they don't live in the same area. Help is often needed to connect the dots. Having a knowledgeable professional on your side to provide unbiased guidance and serve as an advocate who represents only your best interests is critical. We understand decisions made during these times are not only important but also sensitive in terms of time and emotion. Not being prepared for the inevitability of life changes can be costly, time consuming, confusing, as well as physically and mentally stressful. A Care Manager can direct the client, their family member, or other responsible party through this maze while advocating for the client's rights and choices.

Our goal is to assess client needs and wishes and then provide guidance and recommendations that will enhance or ensure the best quality of life.



What services do Care Managers provide?

- Establish schedule of in-person visits with client
- Monitor independence and safety within current living situation
- Assist with the selection of in-home care providers or alternate living facilities
- Manage quality of care being provided to client
- Attend medical appointments advocate for client, communicate findings & recommendations
- Support client through hospitalization or rehab stay
- Help client transition home with proper support after discharge
- Refer to legal and financial professionals when necessary
- Navigate through insurance claims, applications and related concern
- Oversee bill pay
- Mediate between clients, their families, caregivers and other interested parties
- Identify local resources with consideration of cost, quality and availability
- Create emergency preparedness plan.
- Crisis prevention through consistent visits

Who do we work with?

Doctors, Nurses, Therapists, Social Workers, Hospitals, Medicare/Medicaid Representatives, Facility Administrators, Discharge Planners, Home Care Services, Adult Day Services, Financial Planners, Long-Term Care Insurance Agents, Estate Planning Attorneys, Private Bankers, Trust Officers, Clergy and other community resources.

What are the Benefits of working with Assistance for Life Care Management Services?

- Knowing you are not alone
- Local representation for families at a distance
- Knowledge of local resources, organizations, and professionals in the aging field
- Avoid miscommunication, wasted time, and stress for client and family
- Cost containment through timely, informed decisions
- Client-centered approach to attain maximum functional potential
- 24/7 Availability
- Credibility Aging Life Care Association Members (ALCA)
- Follow ALCA's Professional Standards of Practice and Code of Ethics

Assistance for Life Care Management Services is a valuable resource. We are committed to being a place you can turn to for guidance, always available with kind words and comprehensive service.

Contact us today for more information.

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